

*'Love your neighbour as you love yourself'*

Pray for others:

those close to you  
those whose need is known to you  
those you will meet today

God may prompt you to pray for someone. You may also think of ways you can help that person.

"Lord, I remember before you

"

Now thank God that He has drawn you closer to Himself, that He has heard your prayers. Ask for trust to wait for His answers in His time.

### PRAYER DIARY

Would you commit yourself for praying regularly for others? If so, the weekly prayer diary is provided to help you.

Pray For Others Day By Day

#### Sunday:

Your Church — congregation, minister and musicians; Sunday School and youth work; those unable to attend; neighbouring churches; the unity of Christians.

#### Monday:

Work — those you know who work; those who serve you through their work; unemployed people; people of the Church that they may show Christ to others through their daily contacts.

#### Tuesday:

The sick — especially those you know, their relatives, medical workers and all who care for them.  
Those with special needs — e.g. bereavement, family crisis, addiction, involvement in crime.

#### Wednesday:

Your local community — and those who serve in different ways; the Church's mission to the community through its special ventures and its organisations (include the leaders); your district elder.

#### Thursday:

The nation — its leaders, a matter of concern nationally (the T.V. news may provide the subject). Pray for a Christian witness to the nation.

#### Friday:

The wider world — the poor and oppressed of the world; a subject of overseas concern in the news; the Christian Church and its mission in other lands; your missionary partner:

(enter name)

#### Saturday:

Home life — children; marriages; young people growing up; the single and those who live alone; the elderly. Think of some you know.



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CHURCH OF SCOTLAND  
PRESBYTERY OF ST ANDREWS

# COME HOLY SPIRIT COME

A GUIDE TO PRAYER

*This leaflet is a simple guide to what we are doing when we pray. May God use it to help you, and to direct your thoughts as you pray.*

**"Only those who see the invisible  
can attempt the impossible."  
Dick Eastman**

**“LORD, TEACH US TO PRAY”**

Through Jesus Christ we become God’s children, accepted and loved by Him. So we want to speak to Him naturally as children to our Father. There is no need to impress God. The best words are our own!

Through prayer .....

- we open ourselves to God
- we deepen our friendship with God
- we receive from Him
- we offer ourselves to Him
- we share in His work

Let us pray believing and trusting, speaking and also listening. Let us allow God’s Spirit to guide our prayers.

A good way to prepare - We need to set a time and place for prayer, as free as possible from interruption or distraction.

A good way to begin - Many people read a passage from the Bible. (*Daily Reading notes can help*) As God speaks to us through the Bible He prompts us to bring our thoughts to Him in prayer.

**IN PRAYER.....**

**1. We Meet With God**

*‘Be still and know that I am God’*

Take time to remember:

- that you are invited to come to God through Jesus
- that you are in His presence
- that He knows you and loves you

In your own words tell Him you desire to meet with Him, and ask Him to lead you in your prayers.

*‘Let us come near to God with a sincere heart and a true faith.... Draw near to God and He will draw near to you’*

**‘FOR CHRIST DIED FOR SINS ONCE FOR ALL’**

"To pray in Jesus' name means to pray in His spirit, in His compassion, in His love, in His outrage, in His concern. In other words, it means to pray a prayer that Jesus Himself might pray."

Kenneth L. Wilson

**2. We Confess To God**

When we speak to God we need to be able to look our Father in the eye! Anything wrong in our heart or our life will interfere with our prayers. We need to:

- confess anything that comes between us and God
- fully trust in His love and forgiveness

“Lord, I am sorry .....

Now thank God for His forgiveness.

*‘For Christ died for sins once and for all’*

**3. We Thank Him**

*‘Give thanks in all circumstances’*

As we thank God we become aware of our many blessings and we see our problems in perspective.

Thank God for:

- the daily provision of your needs
- your abilities and the measure of health you enjoy
- those you love and depend on
- all that God has done for you and others
- prayers He has answered

“Lord, I thank you for .....

**4. And Praise Him**

*‘I will bless the Lord at all times,  
His praise will always be on my lips’*

It is good to praise God too. As we do this we learn to love the Giver as well as His gifts, the Creator as well as His Creation. We become more aware of God’s greatness.

PRAISE HIM that He created the universe  
yet humbled Himself to live among us  
PRAISE HIM that he is altogether righteous  
yet in Christ bore our sins on the Cross  
PRAISE HIM that He is Lord of all  
yet hears the prayer of the humble

PRAISE HIM

“Lord, I praise you .....

**5. We Ask God**

*‘Don’t worry about anything, but in all your prayers ask  
God for what you need’*

Pray for yourself that:

- you may know what God wants you to do today
- He will give you strength to do it
- He will meet your needs
- you will show Christ to other people

“Lord, I ask you .....